

Student Services Comprehensive Program Review

Student Health Center

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General Information (Student Services Comprehensive Program Review)

Standing Requirements

EXECUTIVE SUMMARY (BRIEF SUMMARY, COMMENDATIONS, CHALLENGES, AND RECOMMENDATIONS)

Student health is an integral part of the college experience. In alignment with the Citrus College Mission, the purpose of the Student Health Center (SHC) is to contribute toward completion of academic goals by providing students with preventive education, self-care and wellness skills to improve quality of life. This access to healthcare knowledge can help students become active participants in upholding their own health, which can positively impact academic success and completion. The Student Health Center empowers individuals to achieve healthier lives and to create healthier communities through sustainable lifelong changes in diet, physical activity and personal health management. The programmatic elements of the Student Health Center include individual healthcare, healthcare education, health promotion, continuous quality improvement and lastly, mental and physical health care education for the entire Citrus College community.

The College Nurse collaborates with other District Nurses/Nurse Directors from Student Health Centers at Pasadena Community College, Mt. San Antonio College, Rio Hondo College, and Chaffey Community College in an effort to ensure that similar services are provided and best practices are implemented. In addition to communicating with local colleges, the college nurse attends Region 8 college health meetings to stay abreast on current protocols and procedures in college health.

The SHC offers exemplary health education to the Citrus College community including information on pandemic responses and public health emergencies such as the measles outbreak, flu information, and COVID-19 pandemic. The SHC's relationship with the Los Angeles Public Health Department allows valuable information to be disseminated in "real time" regarding pertinent health issues to the District. The SHC also collaborates with Grace Napolitano's Mental Health Consortium for community best practices and the National Alliance of Mental Health for updates on community resources and mental health best practices. Designated SHC staff also participate and collaborate with the Student Conduct Team and the Behavioral Intervention Team. These aforementioned endeavors have led to a seamless line of communication between "need to know" department personnel in identifying students of concern, assessing questionable conduct, and providing appropriate assistance to students identified with mental health issues.

The SHC also works collaboratively with departments on campus to support students. The SHC has presented various topics to the campus community including Mandated Reporter information, Mental Health 101, Dreamer Resources, and various health related seminars including information about diet/nutrition, and diabetes and hypertension. These seminars were implemented in 2010.

The SHC also provides bi-weekly health related lectures on topics that include: Negative Self Talk, Holiday Stress, Coping Skills, Happiness, and Marijuana Do's and Don'ts. The Student Health Center also hosts anxiety support groups, anger management, and grief groups that meet bi-weekly.

The SHC has also co-hosted several events from off campus entities including; Project Sister Self Defense Classes, Sexual Assault Awareness and Prevention Workshops and mental health trainings in collaboration with the Los Angeles Department of Mental Health. Lastly, Planned Parenthood provides several workshops including sexual awareness and consent workshops. Community Health Alliance Program (CHAP) clinics provide services that assist students in gaining access to health insurance.

Commendations

Although we have not received any formal commendations, the College Nurse and Student Health Center (SHC) staff frequently receive informal recognitions through frequent thank you cards and verbal affirmation from students who were helped at the SHC. Based on 2019 survey results, 99% of students who used SHC services indicated that the quality of services provided were either "very good" or "excellent."

Over the past six years the SHC has implemented a health center food pantry and has hosted over 150 health and wellness workshops for students, and over 60 faculty trainings. Another highlight has been the implementation of several mental health support groups including the anger management support group, anxiety support group, and grief support group. The SHC has also supported the college during times of crisis; for example, responding to support the community when there was a death on campus, supporting the community during and after the threat of an active shooter on campus, and supporting students affected by public policies.

Challenges

Based on the previous six annual program reviews, the challenges for the Student Health Center (SHC) have been obtaining a full-time registered nurse and a full-time mental health therapist, and reclassifying the health center secretary to a full-time health center coordinator. Another challenge faced by the SHC is creating an on-call list for nursing coverage. The SHC is negatively impacted when a nurse calls out sick or takes time off, and often times there is no nurse to fill those hours. Along with the difficulties of hiring nursing faculty for health sciences, the SHC cannot keep up with the competitive salaries and flexible scheduling in traditional health care industries. Industry salaries make it challenging to compete in the recruitment of nurses within the health care industry.

Recommendations

To expand on the success of the previous years, the Student Health Center (SHC) will use Healthy Campus 2030 to provide a framework for improving the overall health status of our campus. Healthy Campus 2030 health objectives provide college and university student health centers nationwide with a framework to develop goals strategically created to affect the health behaviors of college students every 10 years. The Student Health Center (SHC) staff will focus on the goals stated below over the next five years:

1. Attain healthy, thriving lives and well-being free of preventable disease.
2. Promote healthy development, healthy behaviors and well-being.
3. Eliminate health disparities, achieve health equity and attain health literacy.

PROGRAM MISSION/DESCRIPTION (MISSION STATEMENT)

Student Services Comprehensive Program Review

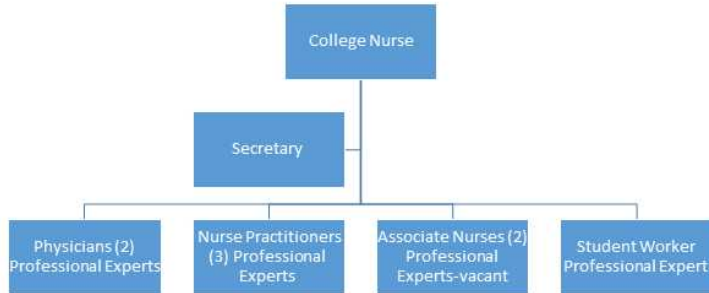
Student Health Center

Program Mission and Relationship to College Mission:The mission of Citrus College is to provide students with "quality educational experiences and support services that lead to the successful completion of degrees, transfer, certificates, career/technical education and basic skills proficiency. The college fosters academic and career success through the development of critical thinking, effective communication, creativity, and cultural awareness in a safe, accessible and affordable learning environment..."The Student Health Center (SHC) directly supports the college mission by providing access to quality health care services, which promote positive health outcomes that result in the physical, mental and social well-being of students. This allows students to successfully complete their academic goals. **Program Description:**The Student Health Center (SHC) is solely funded by the Health Service Fee charged to enrolled students per semester as an incidental fee. The Health Services Fee is reduced for students whose enrollment fees are paid by the California Promise Waiver. The Health Service Fee is not an insurance plan. Due to the source of funding, SHC services are solely for actively enrolled students. The SHC is located on the first floor of the Student Services Building. The SHC operates five days a week with hours of service extended to accommodate evening students once a week. The SHC is closed on weekends, school holidays, and non-instructional days.The SHC provides ambulatory care services including pap smears, laboratory services, immunization clinics, sexually transmitted infection testing, physical exams, mental health counseling and prescription and over the counter medications. The Student Health Center (SHC) does not offer treatment for chronic disease processes such as asthma, hypertension, diabetes, seizures, or depression. Additionally, the SHC does not provide managed care such as, emptying catheters, tracheostomy suctioning, or the storage or dispensing of medications. An extensive list of referrals is available for those students whose illness prohibits treatment based on the SHC protocols. Students are seen on a walk- in and appointment basis. Appointments are necessary for physical exams, physician appointments and the Women's Health Clinic.

COMMITTEE MEMBERS (ALPHABETIZED BY LAST NAME, LEFT TO RIGHT, THREE COLUMNS)

Shauna Bigby	Laura Shurtleff
Maryann Tolano-Leveque	Flory Alvarado

ORGANIZATION CHART



STAFFING

1. Staffing and training

Registered nurse, mental health therapist and physician licensing boards require that each of the disciplines listed participate in a minimum number of continuing education hours for state mandated licensing renewals. The Student Health Center (SHC) staff are members of the Health Services Association of California Community Colleges (HSACCC) and American College Health Association (ACHA), which provides continual college health educational opportunities. Since college health care providers focus on such a unique population, attendance at annual and regional meetings specific to college health HSACCC and ACHA are crucial to continued program development and to the provision of best health care practices. The college nurse provides continuous updates on protocols from health care regulatory agencies to provide quality care to students.

2. Faculty minimum qualifications, diversity, and credentials.

Under the supervision of the dean of students, the minimum qualifications for the College Nurse include possession of a valid, current California license as a registered nurse, Master's Degree in Nursing and a California Public Health Certificate, or a Bachelor's Degree in Nursing, a California Public Health Certificate, Degree in Health Education, Sociology, Psychology, Counseling, Health Care Administration, Public or Community Health, or a California Community College LIFE credential. The current college nurse exceeds the minimum qualifications for this position. The current college nurse holds a Doctorate of Nursing Practice and is a board certified family nurse practitioner who has completed a fellowship in mental health and has completed courses toward credentials in mental health and as a nursing educator. The current college nurse is cleared by the Board of Registered Nursing to teach geriatrics, advanced medical surgical nursing, maternal health and pediatric nursing courses.

The following is a snapshot of professional development trainings that staff members have participated in:

- Anxiety and Depression
- Attention Deficit Disorder
- Autism Spectrum
- Cultural Sensitivity
- Implicit Bias in Health Care
- Mental First Aid
- Trauma Informed Care
- Basic First Aid
- Wound Care
- Phlebotomy
- Suicide Prevention

KEY FUNCTIONS (USING BULLET FORMAT - POPULATE WITH TEXT FROM THE PREVIOUS PROGRAM REVIEW, EFMP OR ENTER NEW TEXT.)

Educate faculty and staff on how to assist students.

To help students identify the Student Health Center as a place to receive health screening and preventive education.

To increase student retention and success by providing health services that enhance student wellness.

To promote the development of skills needed by students once they leave Citrus College to make optimum health care decisions as to how to use the health care systems resources.

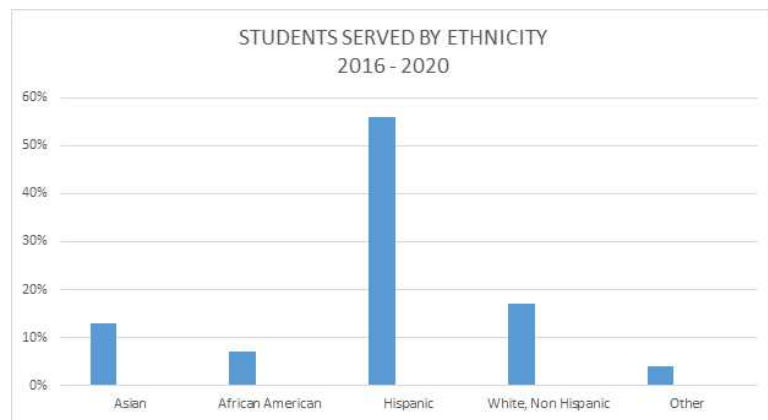
To provide comprehensive disease prevention.

To provide health care education to employees.

To provide high-quality ambulatory care, mental health counseling, comprehensive disease prevention, and health care education to students.

SERVICE DEMOGRAPHICS (POPULATE WITH DEMOGRAPHIC DATA FROM INSTITUTIONAL RESEARCH AND PLANNING OR EFMP)

College-wide	Annual 2013-2014		Annual 2014-2015		Annual 2015-2016		Annual 2016-2017		Annual 2017-2018		Annual 2018-2019	
	n	%	n	%	n	%	n	%	n	%	n	%
Total	18,615	100.0%	19,035	100.0%	20,002	100.0%	20,176	100.0%	19,948	100.0%	19,765	100.0%
African-American	879	4.7%	796	4.2%	847	4.2%	787	3.9%	766	3.8%	727	3.7%
American Indian	34	0.2%	32	0.2%	37	0.2%	35	0.2%	32	0.2%	29	0.1%
Asian	2,215	11.9%	2,227	11.7%	2,419	12.1%	2,416	12.0%	2,407	12.1%	2,416	12.2%
Hispanic	10,908	58.6%	11,489	60.4%	12,248	61.2%	12,263	60.8%	12,320	61.8%	12,442	63.0%
Multi-Ethnicity	506	2.7%	535	2.8%	552	2.8%	554	2.8%	561	2.8%	604	3.1%
Pacific Islander	35	0.2%	32	0.2%	35	0.2%	25	0.1%	19	0.1%	30	0.1%
Unknown	260	1.4%	332	1.7%	358	1.8%	760	3.8%	713	3.6%	599	3.0%



When comparing the demographic data of the college to the Student Health Center (SHC), evidence indicates that there are similarities between the institution and health center. We serve a higher number of Latinx students as compared with other ethnic groups.

STUDENT ELIGIBILITY REQUIREMENTS (DESCRIBE ELIGIBILITY REQUIREMENTS FOR PARTICIPATION IN THE PROGRAM.)

The Student Health Center (SHC) is available to all actively enrolled students who have paid their Health Service Fee.

FACILITIES/LOCATION

The Student Health Center (SHC) is located on the first floor of the Student Service Building on the south-east end of campus. The SHC houses three patient clinic rooms including an accessible clinic room in compliance with the American Disabilities Act, one patient triage room, laboratory, food pantry, and a patient education room that is used for multiple purposes including therapy, flu shot clinics, and support groups.

COORDINATION

The College Nurse collaborates with other programs and services on campus. The college nurse participates in several campus committees and work groups, which include, Student Services Committee, Student Services Training Group, Title IX Workgroup, Truth Initiative (tobacco control) Workgroup, Veteran Advisory Committee, Disabled Student Services Advisory Committee, Student Conduct Committee, COVID-19 Taskforce, and the campus emergency response team.

The SHC office regularly collaborates with other programs on campus to provide workshops and events, and to coordinate resources for students. Some of these activities include collaborations with:

- The Student Life and Leadership Development Office: to coordinate activities for Sex 101 Week, to promote healthy sexual behaviors and attitudes during the month of April, and to host suicide prevention activities during the month of September;
- The Department of Campus Safety: for on campus self-defense training and responding to students of concern;
- Equal Opportunity Programs and Services: to provide lectures on mental health, time management, diet and nutrition, and stress management;
- Academic Counseling: to provide workshops on how to assist a suicidal student, mandated reporting, and how to assist a student experiencing a panic attack;
- The International Students Center: to assist with the review of immunization requirements and recommendations for international students;
- Study Abroad: to provide information to students at their orientation about how to best prepare and manage their physical and mental health needs while abroad and provide support for others while abroad;
- Dean's meetings: to provide workshops that include topics on mandated reporting, managing students of concern, and customer service;
- The Financial Aid Office: to participate in their annual fairs;
- The Nursing Department: to provide guidance on physical exam forms and immunization requirements, orientations for new students, and flu shot clinic collaborations including student participation;
- Student Ambassador trainings on customer service;
- The Foster Care and Kinship Office: to offer mental health seminars specific to student needs; and
- The Athletics Department: to provide lectures on mental health and time management.

BUSINESS OFFICE (DESCRIBE HOW THIS PROGRAM WORKS WITH THE BUSINESS OFFICE TO MONITOR BUDGETS AND FISCAL REPORTING?)

The SHC works closely with the Fiscal Services office staff to monitor budgetary information on a monthly basis and as needed. The SHC does not receive district funding. The only source of funding for the program and its staff comes from the Health Service Fee. The Health Service Fee is assessed during the fall and spring semesters and summer and winter intersessions. By law, expenditures are strictly limited to supporting students.

LINKS TO PLANNING (LIST HOW THIS PROGRAM IS ALIGNED WITH THE INTEGRATED PLAN AND THE STRATEGIC PLAN)

The SHC ensures that program goals are aligned with the strategic plan by incorporating goals that support the 2016-2021 strategic plan into related program review and Annual Implementation Plan (AIP) activities. The SHC goals are aligned with the following focus areas:

- 5.3 Effective student support services
- 5.4 Mitigation of challenges to student success
- 5.5 Increase participation in programs

The SHC is integrated with student equity by providing culturally sensitive care. The SHC center program is integrated with strategic planning through the continued involvement in student learning outcomes, student surveys, and annual Student Service planning meetings.

- Student Success – The Student Health Center contributes to student success by providing culturally sensitive care and online access to services offered, community resources, and self care instructions.
- Student Learning Outcomes – The Student Health Center measures SLO's on an annual basis to ensure program outcomes are met and program services continually improve.
- Fiscal Transparency- Fiscal transparency is accomplished through the published annual budget.
- Communication - The Student Health Center provides communication through the college website, campus outreach, Student Health Center brochure, classroom presentations, portal announcement, flyers, the Citrus mobile app, the college's social media platforms, and the college catalog.

PROGRAM STUDENT LEARNING OUTCOMES

Student Health Center SLO's

SHC – SLO 1

Increase student awareness of mental health programs and resources.

Mapping

Strategic Plan Focus Areas: 5.3 Effective student support services, 5.4 Mitigation of challenges to student success, 5.5 Increase participation in support programs

SHC – SLO 2

Increase student self-awareness of physical health, support, and resources.

Mapping

Strategic Plan Focus Areas: 5.3 Effective student support services, 5.4 Mitigation of challenges to student success, 5.5 Increase participation in support programs

PAST PROGRAM REVIEW (UPLOAD PRE-TASKSTREAM PROGRAM REVIEWS HERE.)

Previous 5-Year Assessment Cycle/Upcoming 5-Year Planning Cycle

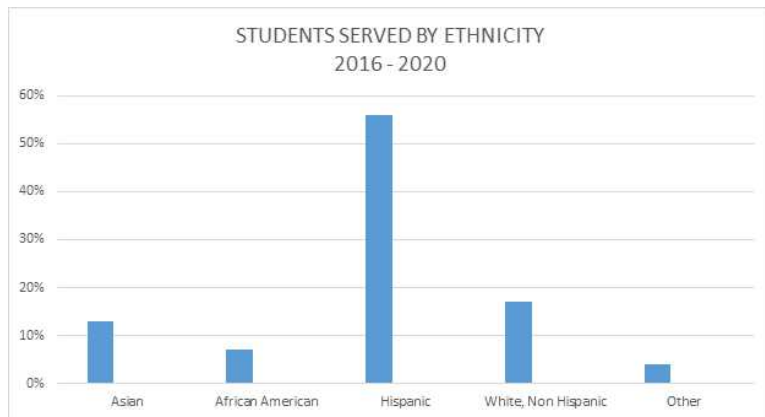
PROGRAM SELF-EVALUATION: A: ACCESS (ACCESS – DESCRIBE HOW THIS PROGRAM IS ACCESSIBLE TO STUDENTS.)

Compare demographic data from the college to the program, include ethnicity, gender, age, and students with disabilities.

The Student Health Center (SHC) is available to all eligible and currently enrolled students.

When comparing the demographic data of the college to that of the students that the SHC serves, it is evident that the student population that utilizes SHC services mirrors that of the general student population at Citrus College. We serve a higher number of Hispanic students as compared to other ethnic groups. Demographic data below is from the college as a whole. Provided by the Office of Institutional Research, Planning and Effectiveness.

College-wide	Annual 2013-2014		Annual 2014-2015		Annual 2015-2016		Annual 2016-2017		Annual 2017-2018		Annual 2018-2019	
	n	%	n	%	n	%	n	%	n	%	n	%
Total	18,615	100.0%	19,035	100.0%	20,002	100.0%	20,176	100.0%	19,948	100.0%	19,765	100.0%
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Asian	2,215	11.9%	2,227	11.7%	2,419	12.1%	2,416	12.0%	2,407	12.1%	2,416	12.2%
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Pacific Islander	35	0.2%	32	0.2%	35	0.2%	25	0.1%	19	0.1%	30	0.1%
Unknown	260	1.4%	332	1.7%	358	1.8%	760	3.8%	713	3.6%	599	3.0%



PROGRAM SELF-EVALUATION: B STUDENT SUCCESS

1. Number of degrees/ certificates awarded, transfer prepared students and transfers.

N/A

2. Number of transfer-prepared students.

N/A

3. Number of transfers.

N/A

PROGRAM SELF-EVALUATION: C NON-CREDIT GOALS**PROGRAM SELF-EVALUATION: D EXEMPLARY PRACTICES AND SERVICES (LIST EXEMPLARY PRACTICES AND SERVICES OFFERED THAT COULD BE SHARED WITH OTHER DEPARTMENTS.)**

The College Nurse collaborates monthly with the college nurses/nursing directors from surrounding college health centers in an effort to ensure that similar services are provided and best practices are implemented. The Student Health Center (SHC) offers exemplary health education to the Citrus College community. The SHC staff members also participate and collaborate in the Behavioral Intervention Team. This endeavor has led to a seamless line of communication regarding student conduct mental health issues. The College Nurse also collaborates annually with the director of health sciences to facilitate the participation of nursing students in seasonal flu clinics and to assist with maintaining compliance with state immunization requirements; the International Students Office and Study Abroad Office to offer guidance on health history and immunization requirements; and the Office of Student Life to support health education efforts and training as well as Equal Opportunity Programs and Services and Counseling to providing trainings specific to the needs of their areas. Additionally, the CollegeNurse participates in the Veteran Advisory Committee, Basic Needs Advisory Board, Disabled Students Services Advisory, Nursing Program Advisory Board, Title IX Workgroup, and the COVID-19 Taskforce.

The SHC houses a food pantry for food insecure students and hosts several campus presentations for students, faculty, and staff. The SHC participates in outreach efforts with several areas on campus including the new student welcome, financial aid, and student services. This includes participation in Sex 101 Week, suicide prevention, mandated reporter presentation, dean's meetings, Mental Health 101, student health center outreach, nutrition seminars, health sciences lectures, veteran program lectures, stress workshops, anxiety support groups, and mental health workshops. The Student Health Center also hosted several events including: Project Sister Self Defense Classes, Sexual Assault Awareness and Prevention Workshops, and a Mental Health 101 Training through the Los Angeles Department of Mental Health. Planned Parenthood provided several sexual awareness workshops year round.

PROGRAM SELF-EVALUATION: E COMPLIANCE

According to Title 5, colleges that offered student health services in 1986 are mandated to maintain the same level of care regardless of costs. The Citrus College Student Health Center has not only maintained status quo, but has in fact expanded the types of services offered.

The Student Health Center (SHC) must adhere to federal and state regulated programs including the Occupational Safety and Health Act (OSHA), an infection control regulatory program, and Clinical Laboratory Improvement Amendments (CLIA). CLIA is a quality improvement program that governs quality standards for all laboratory testing to ensure the accuracy, reliability, and timeliness of patient test results.

Due to patient confidentiality laws the SHC must also comply with the Family Educational Rights and Privacy Act (FERPA), The Americans with Disabilities Act (ADA), the Health Insurance Portability and Accountability Act (HIPPA), and Title IX and pharmacy regulations. In addition to complying with federal regulations, the Student Health Center (SHC) must comply with mandatory communicable disease reporting issued by the Los Angeles County Department of Public Health and mandated by the State of California. Reportable diseases include but are not limited to syphilis, chlamydia, gonorrhea, whooping cough, and tuberculosis.

PROGRAM SELF-EVALUATION: F ENVIRONMENTAL IMPACT (HOW HAS THE PROGRAM CONTRIBUTED TO A GREENER CAMPUS ENVIRONMENT.)

The Student Health Center participates in paper/plastic recycling and complies with the hazardous waste program through the safety coordinator on campus.

PROGRAM SELF-EVALUATION: G DATA REPORTING

The Student Health Center is required to report communicable diseases to the Los Angeles County Department of Public Health. This procedure is mandated by The State of California. Further reporting or processing of records are not continued or contained by the SHC.

PROGRAM SELF-EVALUATION: H TECHNOLOGY NEEDS (EXPLAIN HOW FACULTY, ADMINISTRATORS, STAFF, AND STUDENTS INTERACT WITH THIS PROGRAM.)

The Student Health Center (SHC) currently uses Medicat, a college health management system that prepopulates a database with students that have paid their Health Service Fees. Medicat is also used to collect statistical data. The Student Health Center is currently in the process of exploring other electronic health management systems that include electronic medical record keeping.

PROGRAM SELF-EVALUATION: I INTERACTION

Due to HIPPA requirements, only Student Health Center staff have access to the Medicat program.

AWARDS AND SPECIAL RECOGNITIONS

Although we have not received any formal recognitions or awards, the College Nurse and Student Health Center (SHC) staff frequently receive informal recognitions through thank you cards and verbal affirmation from students who received help at the Student Health Center (SHC).

SUMMARY OF PAST RECOMMENDATIONS/GOALS

SHC Goal 1: Increase the number of students who report receiving information about depression and anxiety.

The SHC therapist began hosting mental health presentations for students on anxiety and depression, four times per year (2016 – present). A post presentation survey was conducted after each presentation. One hundred percent of students who participated in the presentations indicated that they learned and received information about depression and anxiety. The SHC also hosts bi-weekly anxiety support groups.

SHC Goal 2: To adopt a smoke free campus policy.

Citrus College became a smoke free campus in 2018.

SHC Goal 3: Increase the number of students utilizing Student Health Center services.

It is an ongoing goal to increase utilization of health center services as healthy students contribute to student retention.

SHC Goal 4: To expand Professional Expert Registered Nurse hours and hire additional health center operational support in the event of absence or illness.

Although we hired two additional registered nurses and an on-call registered nurse, they have resigned due to impacts of COVID-19. The SHC has limited staffing but continues to work toward serving the most possible students.

SUMMARY OF PAST LEARNING OUTCOMES

The following two-part program learning outcome was assessed from 2015-2020.

SHC SLO1: Students will increase self-awareness of both mental and physical health.

Self- improvement workshops, blood glucose, cholesterol screening, and sexually transmitted infection testing were among the SLO's assessed during the comprehensive program review cycle with the implementation of a cholesterol challenge with retesting for those who had elevated numbers.

For the past five years, the Student Health Center has assessed aspects of self -awareness for both mental and physical health services, resources, and education.

LONG TERM RECOMMENDATIONS/GOALS

2020-2025 SHC Goals

2020-2025 SHC Goal 1:

To expand professional expert registered nurse hours and hire additional health center operational support in the event of absence or illness. Persons Responsible: College Nurse

Mapping

Strategic Plan Focus Areas: 5.3 Effective student support services

2020-2025 SHC Goal 2:

To hire a full-time mental health therapist funded by the District. Persons Responsible: College Nurse

Mapping

Strategic Plan Focus Areas: 5.3 Effective student support services

2020-2025 SHC Goal 3:

To purchase a copy machine with scanning capabilities. Persons Responsible: College Nurse

Mapping

Strategic Plan Focus Areas: 5.1 Enhance services through technology

2020-2025 SHC Goal 4:

To purchase an electronic medical records management system. Persons Responsible: College Nurse

Mapping

Strategic Plan Focus Areas: 5.1 Enhance services through technology

2020-2025 SHC Goal 5:

To split what is currently the health center education room into two private counseling offices with direct access to the health center from each room created. Persons Responsible: College Nurse

Mapping

Strategic Plan Focus Areas: 5.3 Effective student support services

SLO EVALUATION PLAN

SLO 1: Increase student awareness of mental health programs and resources.

SLO 2: Increase student self-awareness of physical health programs and resources.

The Student Health Center will conduct surveys at varying times throughout the fall and spring semesters, after health and wellness seminars, and after student visits to measure health center SLO's.

PAST BUDGET SUMMARY (SUMMARY OF RECENT YEARS' BUDGET PROPOSALS)

A request for expanding registered professional expert hours from 'not to exceed' 28 hours to 'not to exceed' 35 hours was not granted, however the health center hired additional professional expert registered nurses. Additionally, reclassifying the existing secretary position to an Administrative Secretary was also denied.

BUDGET PLANNING (NARRATIVE DISCUSSING MAJOR BUDGET PLANS FOR THE NEXT 5 YEARS)

In order to meet the needs of students, there is a need for a full-time mental health therapist and expanded professional expert registered nurse hours. The implementation of these positions are vital to continuity of care.

Currently the Student Health Center (SHC) has a health education room that is used for individual therapy appointments. Dividing this room into a convertible space to create two separate offices would allow for group and individual counseling sessions. Additionally, a facilities modification is requested in the health education room 153. The staff recommends that an access point be created from the health education room directly into the health center clinical area to improve safety in the event of a mental health emergency.